



The New Moon

Saturday October 21 at 11:14 pm MDT to Wednesday October 25 at 10:35 pm MDT

October 23 at 7:26 am MDT: Sun enters **Scorpio** and the collective enters a new season. **Your interests and approach start to shift**, subtly or dramatically. Observe how this happens naturally, without directing it.

October 24 at 6:45 am MDT: **Natal lunar return:** Nourish yourself! This moment seeds your emotional possibilities for the coming month. Notice whether you've been mothering yourself as you'd truly like to be mothered.

The New Moon brings...

seed potential: **1 a:** something that can develop or become actual **b:** PROMISE **2 a** greatness that is hidden in the beginning and revealed over time **b:** growth that is spurred by instinctively—or serendipitously—reaching the right conditions at just the right moment

You're in phase when...

...you get into motion. Act on INSTINCT, follow spontaneous impulses, and trust in the laser-like power of ATTRACTION, which brings exactly what you need right now to further your growth. Generative New Moon attitudes are RECEPTIVITY and UNCONDITIONAL LOVE for yourself and others—promoting inner spaciousness and outer spiritual adventures. Ask questions; be patient with the answers. Be curious about everyone and everything you meet. At some point during this phase, you will notice a shift-- when an ASPIRATION or new ambition becomes clear.

You're out of phase when...

...either your MIND or HEART are CLOSED (or EXHAUSTED). You could be too dulled or self-conscious to see the universal adventure that beckons you. This will set a tone of frustration or ennui for the entire cycle. Remedy this situation with an immediate retreat. Do not proceed until you've cleansed your senses, retired your worries, and swept your mind clear. Be suspicious of intellect, as well as your habitual opinions and judgements. Follow only your heart. If you stop to question your impulses now, you may lose inspiration and flounder.



Moon Journal: The power of naming

At every New Moon you can invent yourself anew. Most of us have names given to us by our parents. Some of us identify strongly with our given names, while others feel indifferent to or even disconnected from our names. Draw a vertical line down a page in your journal. On the left hand side, list all your names, including nicknames used in the past and terms of endearment. How did you get these names? Which ones do you like the most? In some cultures, everyone



chooses or is given a secret power name, which can change through the years. To the right of the line below, come up with **a secret name for yourself this cycle, that evokes your current identity or a quality you hope to embrace**. Part of the fun of this particular cycle will be discovering how this name helps gather your power in the coming weeks.



New Moon Voids, Sign and House

Moon Voids

Voids during sleep time are easy. But during hours of activity, it's said that anything begun on a void of course moon will come to nothing. But until you've verified this yourself, it's just a superstition. Especially when you've got no choice but to start something during these hours, note the beginning here and see for yourself what really happens.

From Saturday 10/21 at 11:58 pm MDT to Sunday 10/22 at 1:54 am MDT

Tuesday 10/24 from 12:56 am MDT to 12:53 pm MDT

Moon in Signs

Modern astrology, to its detriment, neglects **the fundamental qualities of zodiac signs: hot, cold, wet, and dry**. As the daily Moon moves through the signs, the qualities of heat and moisture are part of the changing nature of time. Though subtle at first, they're important. They represent **the logic behind many traditional Moon sign rules**--for gardening, healing, domestic chores and more. The good news is that with practice, you can actually sense these four qualities--in the weather, the mood of the day, activities that go smoothly, those that don't, etc. The New Moon is an excellent time to train your senses on these fundamental cues. The more aware you become, the more traditional Moon rules you'll "discover" on your own! A good friend of mine lived "off the grid" for a time, away from civilization and fully immersed in the natural world. Her senses were so awakened, she could tell the daily Moon sign without looking at a calendar! This is harder to do if you're surrounded by unnatural influences. But if you resolve to **train your senses on the qualities** at each New Moon, your progress will be swift.

*Sunday 10/22 at 1:54 am MDT **Scorpio**: A water sign Moon, its qualities are **cool** and **moist**. Think of cool mist. Imagine being surrounded by it; it's drawing into your pores and sinking into the earth, nourishing the roots of all growing things. Train your senses on water's life-sustaining force. If there's ever a time to take a long, luxurious scented bath, it's during a water sign Moon. Water can be far more soothing and nourishing now, in ways your senses will slowly start to name. Touch the leaves of your camellia bush--can you feel how supple they are? Is your skin softer today? Water days can help to open intuition; too much water and we might drown in self-indulgence or apathy.*

*Tuesday 10/24 at 12:53 pm MDT **Sagittarius**: A fire sign Moon, its qualities are **hot** and **dry**. Periodically repeat the phrase "hot and dry." This will help to lead your awareness to the right sensory cues--perhaps your lips feel dry, or there's a raspy, burning sensation in your throat, moisturizer doesn't absorb into your skin so quickly, or the leaves of your houseplants may seem brittle. What else do you notice? Repeat the "hot/dry" mantra and record your observations; test them at the next fire sign Moon.*

Moon in Houses

The Moon's transits through the houses of your chart describe a **very personal cycle**, which should become clearer over time. Start with a light touch: just notice when your thoughts are instinctively drawn to conditions or events in these houses.

*Monday 10/23 at 2:31 pm MDT **Seventh House**: partnerships, committed relationships; open enemies*

*Wednesday 10/25 at 8:31 pm MDT **Eighth House**: rebirth and regeneration, sex, death and taxes, joint finances, inheritance, loans*





The Crescent Moon

Wednesday October 25 at 10:35 pm MDT to Sunday October 29 at 2:25 pm MST

October 28 at 1:16 pm MDT: **Mercury Retrograde** at 25 Scorpio: You may have already felt it coming—earth's instinctive mechanical and mental "down time" officially begins. Plans made may be delayed or disrupted, decisions or contracts signed may be lamented, mechanical malfunctions may rise. Slow down if you can and allow yourself to benefit from a currently altered mode of perception. Inward contemplation can reveal new possibilities. Review your world. This period can bring frustrations or relief—depending on how well you go with the flow.

The Crescent brings...

engaged commitment: **1 a** an agreement or pledge to do something in the future **b** the state of being obligated or emotionally impelled **2 a** the state of being filled with purpose, willing to plan for success **b** confidence that your dreams will come true if you'd only believe in them

You're in phase when...

... you're ready to FOCUS on future growth. Can you name what you want to achieve? Can you VISUALIZE or sense its realization? Or, are you being prodded by inner IRRITATION and/or RESTLESSNESS—reflecting how earnestly your spirit wants to move beyond your current stuck condition? In-phase, you begin taking the necessary "BABY STEPS" towards a better future. Cultivate your willingness to change. Just as a gardener planting peas erects a trellis before the fragile seedlings poke above ground, it's prudent to SUPPORT your future growth—gather information, collect encouraging friends, draft a plan, make gentle exploratory efforts. As this phase draws to a close, your commitment will attract a CHALLENGE designed to test its legs.

You're out of phase when...

... you succumb to feeling STUBBORN, LAZY, or BORED. This allows negative habits and beliefs to flourish unchecked, effectively choking any new growth this cycle. Your waxing momentum (for there will be movement) will be patterned and familiar, like a dog tethered in its yard, wearing the same old grooves in the lawn, crushing flowers before they can bloom. Remedy this situation by making friends with your resistance—observe it with compassion and interest. Then try to remember what it was you were doing just before your boredom (or laziness or resentment) set in. Finally—take the dog off the leash. Do something novel and uncharacteristic. Embark on a new adventure, no matter how small.



Moon Journal: The power of map-making

It's sometimes said: "If you don't know where you're going, any road can take you there." At the beginning of each moon cycle, fresh energy is available for traveling to new and exciting destinations. Crescent is the optimum phase for committing to your dreams. Of course there's a difference between dreaming about change and actually taking out a map and charting your course. How will you get to your destination? This month, with **Mercury's retrograde**, the usual routes may bring roadblocks and delays. Yet if you're feeling relaxed and confident, you can afford to be more adventurous. Detours sometimes bring wonderful



synchronicities and surprises. **After you've named your destination, and charted the most logical course, let yourself imagine reaching it through several alternative routes.** Once you really know where you're going, every road can take you there!



Crescent Moon Voids, Sign and House

Moon Voids

If there are any beginnings during these hours, record them and observe their progress. Not all void-begun projects fail. Sometimes they simply lack outer support; you must carry them forward on your own. This isn't always a bad thing--most projects pick their own "perfect" moment to be born.

Thursday 10/26 from 12:02 pm MDT to 9:47 pm MDT

From Saturday 10/28 at 7:30 pm MDT to Sunday 10/29 at 3:17 am MST

Moon in Signs

Moon-wise gardeners from long ago observed how during the waxing Moon, there was a burst of blossoms in the garden; in the woods, sap was rising in the trees; in the orchards, fruits were plumper, juicier, sweeter. With each New Moon, they observed how the earth "exhales." **Everything above ground swells with the earth's life force**, increasing with the moonlight, to peak at the Full Moon. The waxing Moon is best for **planting**, especially those plants that yield above ground--flowers, fruits and non-root vegetables--while the waning Moon is good for sowing root plants, also pruning, weeding, and conditioning the soil. **Moon signs** told traditional gardeners even more. They noticed how particular signs were more or less conducive to particular gardening activities and the cultivation of certain kinds of plants. With our busy schedules and the shrinking plots of land around our homes, gardening is a luxury that fewer and fewer of us can enjoy. You may not have a garden, but you still may be a "cultivator"--trying to grow something, whether it's raising a child or developing your yoga practice. **Consider how the old moon rules for gardening may hold new wisdom for all that you want to grow.**

Thursday 10/26 at 9:47 pm MDT **Capricorn:** A **semi-fertile** moon, good for planting vegetables that yield underground. Given the day's qualities (cool/dry), trees and shrubs also do well when in this moon sign, but it's not a great day for planting flowers. In the garden of daily life, court practicality, respect tradition, feel your feet on the ground--this is traditionally a **root day**. Honor whatever supports and stabilizes you. Plant what you want to last. *With the Moon in your natal Sun sign, a quiet moment spent contemplating your life's purpose, and how you're currently fulfilling it, can increase your joy and equanimity over the next month.*

Sunday 10/29 at 3:17 am MST **Aquarius:** It's a **flower** day... the qualities of heat and moisture on air sign days tend to promote blooming, but gardeners traditionally regard this moon as a rather **barren** day. Aquarius is good for getting rid of garden pests and cultivating the soil. It's useful to remember the following maxim--"one hoeing is better than two waterings"--because soil that's regularly hoed retains its water better. This can also be a good day for harvesting roots and fruits for storage--though it's better if you can wait for a waning moon. Curiously, onions planted today will thrive, pine trees too, which perhaps says something about the pungent flavor of this day.

Moon in Houses

When you keep your focus on growth at the Crescent Moon, you may find that **helpful messages, meetings or connections** come from the houses the Moon is transiting.

Friday 10/27 at 1:57 pm MDT **Ninth House:** philosophy, higher education, distant travel, law

Sunday 10/29 at 1:18 am MDT **Tenth House:** career, authority figures; one's reputation and power in the world

